

Health & Fitness Courses	REPs Level 1		REPs Level 2				REPs Level 3		
	Introductory Certificate in Exercise & Fitness Instructing	Gym Instructor	Exercise to Music	Step Exercise to Music	Studio Resistance Training	Circuit Training	Advanced Fitness Instructor	Personal Trainer	Pilates Instructor
	60 hrs £375 + VAT	120 hrs £750 + VAT	120 hrs £750 + VAT	30 hrs £185 + VAT	30 hrs £185 + VAT	30 hrs £185 + VAT	150 hrs £930 + VAT	270 hrs £1650 + VAT	150 hrs £930 + VAT

Dates shown are course start dates - contact us to find out more detail on course duration

August-08	Saturday 2nd	Saturday 2nd							
September-08			Wednesday 17th						
October-08	Saturday 11th			Wednesday 15th				Saturday 4th	
November-08					Wednesday 12th		Saturday 1st		
December-08									
January-09		Saturday 10th	Saturday 10th						
February-09			Wednesday 18th					Saturday 7th	
March-09	Saturday 14th			Wednesday 18th					
April-09					Wednesday 15th				
May-09		Saturday 9th	Saturday 9th						
June-09			Wednesday 17th						